

Reflection about “**All about me book**” written by a Polish mum

When the day came for my little, three year old daughter's first time at nursery in England. I was scared to death. “She can't communicate in English. She doesn't understand people. She sometimes still needs help in the toilet. What will happen if she needs something?” All these worries were in my head at that time. All what she knew at that age was that there are two different languages around her. She could name some numbers and colours. But that wasn't enough for 2.5 hours at nursery. I went to the first introduction evening. And I felt even worse, because I come back with the big pack (application forms, all other information, nursery prospectus, letter formation sheet which I thought was too advanced. She was only three she should play not practice writing in the holiday. But also in that pack there was a book called “**A book all about me.....**”. The nursery teacher had explained carefully what all parent's needed to do with it.

When I sat quietly, later at home and went through that book I noticed, that there were very good topics. And I could write very useful information about my daughter so nursery teachers would be able to understand her and possibly even communicate with her. My daughter and I completed that book very carefully. We choose some pictures from our photo album and she drew some pictures. We put her favourite books, songs, stories, TV programs, games and doll's names. This information was the most important for me. I knew it that on a “bad”, “sad” day when she cried they could find the things she liked or even show her a picture, point to the object she knows, because she chose it herself. And that would help her to calm down understand more, just like her little personal dictionary for a 3 year old.

That's why I am a big fan of “All about me books”. I think that this books a good source of information. They are easy to fill in, so even people with a little English can do it. But overall, definitely it will help all parents not only these from over the sea.